# Girls Basketball Team!

### **PRACTICES**

- Mondays and Thursdays
- 4:00-5:15pm
- Be in the South gym NO LATER THAN 4PM
- Going to miss? Tell Coach Lynn or Coach Saunders in person or through Schoology, include reason
- 2 unexcused practices = benched
- 3 unexcused practices = off team

### **GAME SCHEDULE**

- Playing at 4PM
- 7-8 games this season (1-2 games per week)
- Games the weeks of
  - o 2/24
  - 0 3/3
  - o 3/10
  - o 3/17
  - 0 4/1
  - 0 4/7
- Championship Tournament 4/11 and 4/12

### **UNIFORM EXPECTATIONS**

- Jerseys White side for home games, Green side for away games
- Black shorts
- Athletic shoes
- NO JEWELRY
- Hair pulled back
- Sports bra
- Recommended: layer under jersey (short sleeve, long sleeve)

### ELIGIBILITY

- You may not play if you have 1 F or 2 Ds
- Grade checks Monday mornings
- You must be on time to classes, working hard, and following behavioral expectations (ON TRACK)
  - Lunch Service = Bench for 1 game
  - PASS Class = Bench for 2 games
  - Multiple PASS classes = Off team

### **AWAY GAMES**

- You must <u>find your own ride</u>
- Coaches cannot take you
- We may dismiss as early as 3:00. YOU ARE RESPONSIBLE FOR MAKING UP MISSING WORK 8TH PERIOD
- We will be example students at away games.
  - Positive attitude
  - Kindness
  - Cleaning up after yourselves
  - Being the bigger person
- Be at the meeting spot ready to warm up as soon as you get there
- Staying to watch the boys play? We need to know you have a ride home

### **SPORTSMANSHIP**

- At each game, we vote for someone on the opposite team to receive the "Sportsmanship band"
  - Positive attitude
  - Kindness
  - Helping others
  - NOT "best player"
- You should ALWAYS be working for this award
- REFEREES

### CAPTAINS

Your coaches will be watching for the first couple of practices to see who might make a good fit as a captain. If you're interested:

- Grades stay high
- Behavior stays on track
- Leadership during practices
- Consistency
- Helping others learn

### **VOTE**: I want our focus to be...

WINNING

**HAVING FUN** 

### VOTE: I am willing to stay on the bench to give my team the best chance at winning

YES NO

## To-Do

### On your phones, make a group chat for Basketball

# 24-25

### Family Information

Girls Basketball!

### **PRACTICES**

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- 4:00-5:15pm
- Student going to miss practice? Please email
  Coach Lynn and Coach Saunders

### **GAME SCHEDULE**

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  - o 2/24
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  - 0 4/1
  - 0 4/7
- Championship Tournament 4/11 and 4/12

### **AWAY GAMES**

- Students and families must arrange rides themselves
- Coaches cannot take students
- We may dismiss as early as 3:00.
- Students are responsible for making up missing work during 8th period
- We will be example students at away games.
  - Positive attitude
  - Kindness
  - Cleaning up after yourselves
  - Being the bigger person
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  - Multiple PASS classes = Off team

### **Contact Us**

Questions?

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Bear Valley Phone Number (720) 423-9600