

## **Bear Valley Middle School Girls Volleyball**

### **25-26 Season**

**Practice Days:** Monday, Wednesday & Thursday 4:00-5:30pm

**Please see our Bear Valley website for the game schedule when it is available.**

**Madeline Whatley:** [Madeline\\_whatley@dpk12.net](mailto:Madeline_whatley@dpk12.net)

**Angela Jenners:** [Angela\\_jenners@dpsk12.net](mailto:Angela_jenners@dpsk12.net)

Hello Wonderful Yeti Families,

We're excited to begin the volleyball season! This is Coach Whatley's and Coach Jenner's fifth year coaching the girls. To help the season run smoothly, we want to share how our team operates and what to expect

#### **Voting**

Each year the team votes on coaching priorities for the season. Players choose whether the focus should be on "competition" (emphasizing winning and skill development) or "fun" (emphasizing participation and enjoyment). If the team votes to prioritize competition, players are also asked whether they're willing to accept playing-time decisions—including benching—if it gives the team the best chance to succeed. Decisions are made by majority vote, and coaches will align practices, game strategy, and playing-time expectations with the team's choice.

#### **Substitutions**

In volleyball, only 12 players may be on the roster for a set. Substitutions must follow rotation rules, so players often substitute for specific teammates—this is why the active roster is limited to 12. Because of these rules, managing playing time can be challenging, but we work to give each player opportunities to play.

Please trust the coaches' decisions; sometimes on-court chemistry is strong and certain substitutions can disrupt the team's flow.

#### **Transportation**

DPS does not provide transportation services to and from games, therefore families will be expected to drive players to and from away games. If you are not able to drive your player, please arrange transportation for them as coaches are not allowed to arrange or provide rides.

#### **Practice Team**

The practice squad focuses on skill development, confidence, and understanding team systems. Members get the same coaching on fundamentals and conditioning as starters.

- Expectations and notes:
- Attend practices, follow coaches, and maintain positive behavior.
- Coaches provide regular feedback and guidance to earn court time.
- Playing time may occur in late/decided sets or if a starter is unavailable, but it's not guaranteed.

If you're uncomfortable with limited game play, you may request a refund and withdraw your student.

**Please let Coach Whatley or Coach Jenners know if you have any further questions.**